



INSPIRE

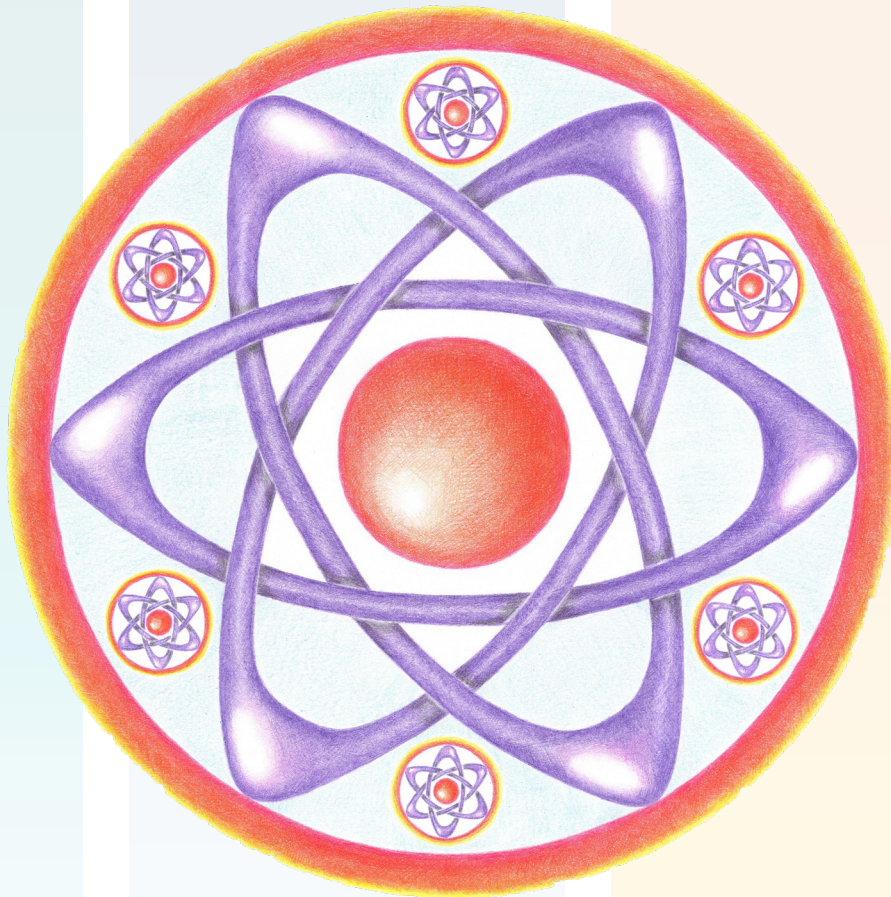
SUCCESS RITUALS



*designed by:
Gergely Gurmai*

WHAT DO YOU NEED TO FEEL SUCCESSFUL?

*Money, Knowledge or Relationships? Or maybe a little bit of Inspiration?
It's their habits that help truly successful people achieve their goals.
Their success will become sustainable by having the right habits..*



CONTENTS

- Good and Bad Habit cards
 - 11 Owl cards (Knowledge)
 - 3 Pig cards (Money)
 - 9 Dog cards (Relationships)
 - 22 Mandala cards (Inspiration)
- 9 Action cards
- 1 Game Rules card

THE NEW DIMENSION OF HABITS


New, special habits from internationally well-known Success People, psychologists, trainers and coaches. You can find the list below in this booklet. With 9 new eye-opening questions!

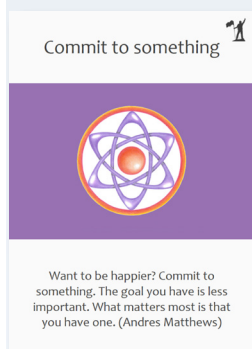
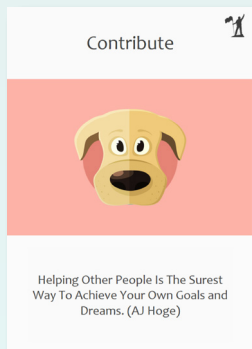
The rules of Inspire: Habit Awareness and Success Rituals are the same. You can mix the two decks or play with the decks separately.

Let's get Inspired on an even higher level!


GAME CONTENTS


HABIT CARDS


Similar to INSPIRE: Habit Awareness, the most important cards are the habits cards in this game. To make it easy to separate these habits from the basic Habit Awareness deck, we have marked the Success Rituals cards with an  icon in the top-right corner.



You can find the same 4 types of habits in this deck:

 Owl (blue) - Knowledges

 Pig (yellow) - Money

 Dog (pink) - Relationships

 Mandala (purple) - Inspiration

There are two significant differences about habit cards in this deck compared to the Habit Awareness deck. First, you will only find good habits and no bad habits in Success Rituals. Second, the ratio of the 4 habit types is not equal. Most cards are related to Inspiration and you will find much less cards about Money.

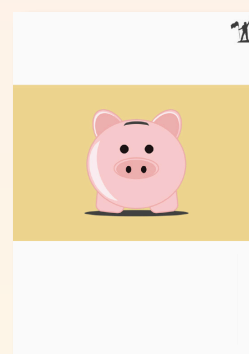
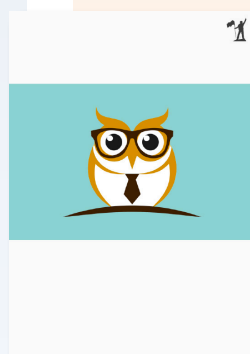
The main reason of these two differences is that when we were collecting these habits from our Contributors, we were looking for good habits that they were suggesting for living a more successfull, fulfilled and happier life.

As the deck was growing, we realized that many of our Contributors gave us habits and thoughts that are related to our mindset, attitude and energy. These habits usually have no direct impact on our knowledge, experience, relationships or wealth, however, they do impact these areas in an indirect way.

JOKER CARDS

In the Success Rituals deck, you will find specific Joker Cards. All four habit types have one blank habit card each. When a player plays one of these cards, their task is to think about a good habit related to that habit type. Being a Joker Card, it can be any good habit, even a habit still in the deck, or another habit that was already played earlier in the game.

As these cards are blank, if you find a habit worth keeping, you can write that on the card. We recommend writing the habit itself on the top of the card briefly, and any other thoughts can go to the bottom of the card.

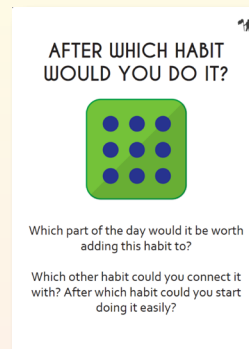
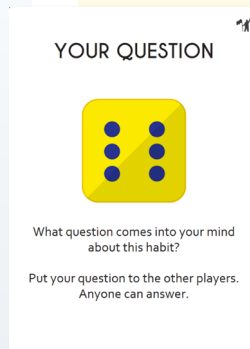


ACTION CARDS

INSPIRE: Success Rituals contains 9 action cards. If you shuffle these questions with those in Habit Awareness, you will have 15 different questions for one particular habit. This way, you will have several different points of view to think through for the same habit.

Furthermore, using action card #6 you can ask any other question about the chosen habit, so you have infinite possibilities to talk about the same habit!

That's a new dimension of habits.



HOW TO PLAY THE GAME

- ADDITIONAL NOTES -

Check out the basic rules of INSPIRE: Habit awareness here: liveyourdream.hu/game-rules

The rules of Success Rituals are exactly the same, with some things to keep in mind.

These new dimensions (new habit cards, new action cards and the Your Own Question card) give tremendous new ways to talk about, especially if you mix the two decks.

To make the gameplay more focused, choose 6 out of all the action cards to play with before starting the game and put all other questions aside. Next time, you can play with another 6 questions, this way creating a totally different conversation and game experience.

HABIT TYPE BASED GAMEPLAY

As an alternative, you can pick a habit type, e.g. Relationships and put all other habit cards aside. This way it will be a game on Relationships. Having less habit cards in the deck this way, you might want to use all the action cards during this game version.

OUR CONTRIBUTORS

Huge thanks to the following Great Bloggers, Authors and Motivational Speakers who contributed in our game by telling us one or more success habits. This collection of habits is the Success Rituals deck.



Leo Babauta

Author and creator of the World Top 25 blog [Zen Habits](#) on finding simplicity in the daily chaos of

our lives. It's about clearing the clutter so we can focus on what's important, create something amazing, find happiness.



Carol Dweck

World-renowned Stanford University psychologist, author of [Mindset](#). The book introduces a simple idea dis-

covered in decades of research on achievement and success — a simple idea that makes all the difference. Teaching a growth mindset creates motivation and productivity in the worlds of business, education, and sports.



David Allen

Writer of international best seller [\(Getting Things Done\)](#) Published in over 28

languages, TIME magazine heralded it as “the defining self-help business book of its time”. GTD enables greater performance, capacity, and innovation. It alleviates the feeling of overwhelm — instilling focus, clarity, and confidence.



AJ Hoge

AJ Hoge is the world's best known English coach and the author of [Effortless English](#):

Learn To Speak English Like A Native. He is the host of “The Effortless English Show” with over 41 million downloads worldwide. His programs accelerate the learning process by bypassing the traditional methods of textbooks, grammar drills, and classrooms to focus on intuitive learning through strategic storytelling and highly effective interactive exercises.



Andrew Matthews

Andrew Matthews' books, including Follow Your Heart, Being Happy! and How Life Works have been translated into 42 languages. andrewmatthews.com



Jevon Dängeli

Jevon Dängeli is the author of [5 books](#) and the voice behind 30 [audio-programmes](#) relating to [NLP](#), healing and personal development. Both his online courses (NLP Facilitator and Wellness Coach) have gained international approval from participants and governing authorities. Jevon is also popular for his free series of 35 NLP & Coach training videos that can be watched here: jevondangeli.com/training-videos-landing/



Dan Millman

Dan Millman has authored 17 books as of 2015 which together have been published in 29 languages. In 2006, his first book, Way of the Peaceful Warrior, was adapted to a film, [Peaceful Warrior](#), with Nick Nolte. Dan credits the inspiration for his first book to a gas station attendant he met who reminded him of Socrates and to whom he gave that name.



Carmen Arvelo

In 2011 Carmen Arvelo pursued her calling to be a transformational change agent studying to be a Life and Master NLP coach, a Law of Attraction Coach and Hypnotherapist. She uses her speaking and presenting capabilities to reach audiences about the topics that touch her heart and runs retreats several times a year. She has dedicated herself to studying human behaviour, and transformational change work. She considers herself a student of life and persists in continuous study to be the most effective change agent she can be. An active participant of the INSPIRE self-development game in Australia she is a self-renowned playful learner.



Henrik Lell

Henrik is a German state-licensed alternative health practitioner and psychotherapist with extensive training in alternative medicine, psychotherapy, clinical hypnotherapy, coaching and NLP (Neuro-linguistic Programming). He facilitates seminars in the areas of health, holistic life, mental training, and psychotherapy at the Paracelsus School, Germany. Read more at: [NLP Comprehensive](#).



Mero Samuel

In 2003 Mero committed and pursued his life's purpose in becoming an educator and an agent for transformation and change. He studied and continues to study with the worlds' greatest masters in psychology, human dynamics and systemic change work. To date he has created six multimillion dollar companies worldwide and trained over 250,000 people worldwide through a range of online offline courses and programs in, business, communication, and human dynamics and change work.



Andrew Tarvin

Andrew Tarvin is a humor engineer. He teaches people how to be more productive, less stressed, and happier through using humor in the workplace. Check his work out at humorthatworks.com.



Scott Dinsmore

Former entrepreneur, writer, husband, and ultrarunner who was a tad obsessed with adventure, life experiments and learning. Founder and Chief Experimenter at Live Your Legend Global Movement. His mission was to change the world by helping people find what excites them and build a career around the work only they are capable of doing. To be great is to create something greater than you that stays after you are gone. He did. All respect!



Evan Carmichael

Entrepreneurial Expert. Evan Carmichael #Believe in entrepreneurs. At 19, he built then sold a biotech software company. At 22, he was a VC helping raise \$500k to \$15mil. He now runs EvanCarmichael.com, a popular website for entrepreneurs. He breathes and bleeds entrepreneurship. He's obsessed. Aiming to help 1 billion entrepreneurs. Change the world. He has set 2 world records, uses a stand up desk, rides a Vespa, raises funds for Kiva, wears 5 toe shoes and created Entrepreneur trading cards. He speaks globally but Toronto (#EntCity) is home. He loves being married, his son, salsa dancing, DJing, League of Legends, and the Toronto Blue Jays. evancarmichael.com



Fredrik Härén

Fredrik Härén is an author and speaker on Business Creativity. He has delivered over 2000 presentations, lectures and workshops in over 60 countries on 6 continents and has inspired hundreds of thousands of business people to become more creative and to look at the world in a new way. He is the author of nine books, including "The Idea Book" that was included in "The 100 Best Business Books of All Time". fredrikharen.com



Stenger Györgyi

Györgyi, NLP coach and trainer, founder of NLP Akadémia, author of numerous self-development books. Her current passion is painting in which she can express herself in a very creative way. Her mission is to passionately learn and teach how to find ourselves again.



Thanh Pham

Thanh Pham is the managing director of Asian Efficiency and recognized as one of the leading productivity experts. The mission of Asian Efficiency is to make the world more productive one person at a time and you're up next.



Borsos Bence

Bence started his life successfully, had great result in school, sports and music, but always felt dissatisfied,

had low self-esteem and superficial relationships. At the age of 15 he began to search for a strategy and an approach, how people can live a fulfilled life, having superb achievements simultaneously. He built and now runs fulfilled.hu website and blog, speaks at popular conferences and does 1-on-1 coaching in order to help people (especially the young ones) live a fulfilled life based on honesty, authenticity and integrity. He is connected to Hungary's biggest influencers in the topic of self-development and spirituality, and works together with the most innovative trainers across the world. He is only 21 years old.



Gulyás Sára

Sara Gulyas has been designing with leather for more than ten years. Her

work has been exhibited in Paris, London, Leipzig, Prague, Krakow, Tallinn and Budapest. Her diploma project - the so-called Pikkpack Shoes - after receiving significant funding through a successful Kickstarter campaign, has become a prosperous enterprise. Pikkpack shoes are now sported and loved all around the world. Besides having been featured in several online and print mediums, the designer footwear became part of the collection of the renowned Virtual Shoe Museum. Sara was nominated for the Glamour Women of the Year Best Accessory Designer Award in 2015. She is an enthusiastic advocate of sustainability, this is what she constantly stands for both with her brand and her personal life. pikkpack.com



Szűcs Tibor

Tibor, founder of [Mindennapi NLP](http://MindennapiNLP), is the author of numerous online courses and self-development articles.

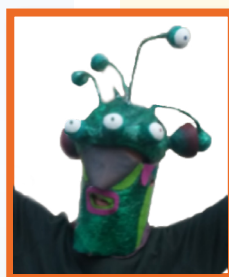
He's the author of the Hungarian Habit Awareness online course built on INSPIRE: Habit Awareness card game. He would summarize his former experiences in one sentence like this: "Life is beautiful, but a mixed blessing." And what will come of this? We might see later on – no guarantees, though.



Bíró Bence

Bence is one of the youngest trainers and spiritual teachers in Hungary. He has translated

and published an american bestseller at the age of 17, built a business and community and is the leader of 14 people now. He is connected to the greatest self development communities and sites in Hungary and works together with the most innovative coaches around the world (e.g. New Zealand, USA, Slovakia, Great Britain, Switzerland, etc.). He has spoken at several self-development conferences, wrote 2 books and he is only 20 years old now. His work is available in Hungarian at fulfilled.hu



Murányi Péter

Born on Planet Sirius, where the only spoken language is Hungarian, he was quite surprised that there's tremendous number of other lan-guages on Planet Earth. He picked up quite a few of them quickly.

However, he doesn't understand - among other things - why Earthlings struggle learning more than one language as it could be a lot more faster. That's what he teaches at termeszetsnyelvtanulas.hu. As an NLP trainer, he also teaches communication based on NLP techniques.

Next contributor?

Who do you suggest? Contact us!

A WEALTH OF POSSIBILITIES

Our chief inspiration in the making of this card game has been to develop a playful tool simple and exciting enough to provide an easy and fun way of managing your self-coaching work. No need for game instructor or trained coach, you just sit down to it on your own or with a group of friends.

What's more, this deck of cards has a number of other uses to consider:

Language learning: use the deck as a set of prompts to aid communicative one-on-one or small group speaking tasks.

HR – job interviews: the deck is a powerful focus tool to direct a job interview into the part where personal characteristics and assets need to be mapped out in as fine detail as possible.

Personal coaching: the deck provides a handy warmup exercise in a life-coaching context. It helps to discover which life areas at large, or patterns of behaviour/habits in particular might best be addressed for optimum progress. The cards, viewed as a logical set, can reveal exciting new insights.

Couples therapy: acknowledging and accepting our partner's habits is a pillar of healthy relationships. The cards are super-helpful in pinpointing the most problematic set of habits in a relationship. That alone can help a couple. Further, this helps to create a common habit map which both partners are happy with and can accept.

Team-building warm-up: ideal for the introduction round with medium to large size teams. Each player draws a card and gives an introduction based on that card.

Possibilities never end.

Have a new idea? Feel free to contact us at:

info@liveyourdream.hu

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